

Lilly the Lash

Girl Scout Patch Program - Option 1

"A Card For MYSELF"



Age Level:
Brownies

Group Size:
1 to 30

Materials:

The Garden Gathering book by Julie Woik
Letter size paper - plain white or light colors for added fun
(Heavier stock is ideal, but not necessary)
Magazines or newspapers of all sorts that can be cut up
Pencils, Pens, Crayons, or Markers
Scissors and glue
Ideas, Imagination, and Self-Expression!

Discover:

Read The Garden Gathering together as a group. Afterwards, discuss the issue of self-image and the role self-esteem plays in someone's life. Discover the importance of accepting and loving ourselves as we are.

Connect:

- Fold the paper once, creating a card that the girls will keep to remind themselves of their wonderful qualities.
- They will put their name somewhere on the card along with several words that describe them in a positive way. This can be done in pencil/marker or cut out from magazines/newspapers.
- Glue pictures onto the card that shows qualities each girl is proud of. Example for nice hair - A girl with nice hair or great hair products.
- Have them write this sentence on the card and fill in their answer:
Lilly the Lash taught me _____

Take Action:

After clean up, have everyone sit in a circle. One at a time, each girl should show her card and explain the meaning of her words and pictures. Have each one read out loud what Lilly the Lash has taught them. Ask the Girl Scout to keep this card for a reminder everyday about how important and wonderful she truly is.